

15 Reasons Why People Get Hurt

- 1. Riders don't look at the track for new obstacles or track direction.
- 2. Riders cutting the track and not knowing where to enter or exit track.
- 3. Not enough gas in tank or forget to turn the gas on.
- 4. Make sure the bike is warmed up and the choke is off.
- 5. Lack of Maintenance on bike: (Loose spokes, loose grips, loose bolts and tire pressure)
- 6. Not wearing safety gear.
- 7. Wrong size or improper fitting safety gear.
- 8. Peer Pressure
- 9. Knowing to hold your line and how to move over.
- 10. Understand the flag system (Yellow, Green, Red, Black, Blue w/Yellow line, White and Checkered)
- 11. Know where the flaggers and medics are stationed at the track.
- 12. Spectators near or on the track.
- 13. Not obeying the rules of the yellow flag, no passing and no jumping. Be sure to look ahead.
- 14. Stopping on the track
- 15. Be alert and be smart.